Lean Hyphen

21 Century Leanovative Skills Workbook

Project Based Learning

Activity Based Learning

Experiential Learning

Problem Based Learning

INTRODUCTION TO LEAN HYPHEN'S 21ST CENTURY SKILLS LEANOVATIVE WORKBOOK

Lean Hyphen is a future-focused organisation committed to equipping learners with the essential 21st-century competencies required to excel in an ever-evolving world. Understanding that academic achievement alone is no longer sufficient, our 21st Century Skills Program is thoughtfully designed to nurture key skills from Class UKG to Class 10.

Through dynamic, activity-driven workbooks, students develop Critical Thinking, Problem-Solving, Creativity, Communication, Collaboration, Financial Literacy, Career Exploration, Adaptability, Emotional Intelligence, and Global Citizenship. Our innovative methodology seamlessly integrates Problem-Based Learning, Project-Based Learning, and Experiential Learning to foster deep understanding and practical application.

By engaging in real-world activities, students cultivate resilience, initiative, and leadership—empowering them not only to succeed academically but also to thrive professionally and personally. Lean Hyphen's mission is to inspire confident, future-ready individuals, prepared to navigate challenges and seize opportunities in a rapidly transforming global landscape.

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Fourth Grade:
Cultivating 21st-Century Innovators

CORE COMPETENCIES COVERED

- Leadership and Decision-Making
- Resilience and Emotional Strength
- Integrity and Moral Values
- Critical Thinking and Problem-Solving
- Communication and Collaboration
- Self-Awareness and Personal Responsibility
- Respect for Self and Others
- Future Readiness and Adaptability
- Teamwork and Inclusivity
- National Pride and Cultural Respect
- Empathy and Social Understanding
- Organizational Skills and Time Management
- Creativity and Imagination

HOW TO USE THIS WORKBOOK

- Teachers introduce concepts and guide students through hands-on worksheets for real-world skill practice.
- Activities build independent thinking, collaboration, and critical analysis.
- Topics increase in complexity across grades to deepen reflection and resilience.
- Workbooks can be used in class or at home to encourage meaningful skill-building conversations.
- The goal is to help students internalize essential life skills and make informed, growth-driven choices.

Unyielding Spirits

Saga of Resilience

Unyielding Spirits: A Simple Guide to Being Strong Inside

Resilience means staying strong and bouncing back when life gets tough—like a rubber band that stretches but doesn't break. When you're resilient, you don't give up easily, even if things feel hard.

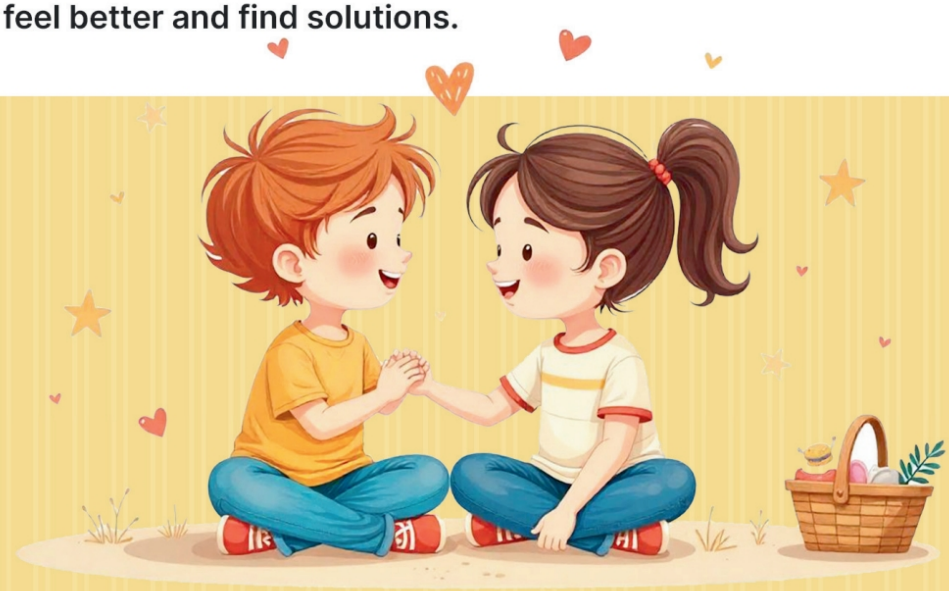
Here's how you can build resilience in three simple ways:

1. Stay Positive and Keep Learning

- Look for something good, even when things go wrong.
- Learn from mistakes and try to do better next time.

2. Ask for Help and Share Feelings

- Talk to someone you trust, like a friend or a family member. They can help you feel better and find solutions.



3. Keep Trying and Be Kind to Yourself

- Don't give up! If something is hard, try again until you get it.
- Remember, it's okay to make mistakes. Treat yourself with care and keep going!

Droupadi Murmu

Rising Against All Odds

Droupadi Murmu, the 15th President of India and the first tribal woman to hold the position, is a remarkable example of resilience and determination. Born in 1958 in a small tribal village, Uparbeda, in Odisha, her family faced severe poverty, with no electricity or basic amenities in the village. Despite these hardships, her father and grandfather, who were both village heads, instilled in her the importance of education and leadership.

As a young girl, Droupadi Murmu had to walk several kilometers each day to attend school. Her determination to study led her to become the first woman from her village to graduate. However, the road to success was not easy.

After completing her education, she faced the challenge of finding a stable job. Murmu started her career as a teacher, working in a government school to support her family.

Her life was filled with personal tragedies which left her shattered, but she drew strength from her faith and her commitment to serve others.

Murmu decided to dedicate her life to public service. She entered politics and became an MLA . Her focus on education, women's empowerment, and tribal welfare made her a respected leader. In 2015, she became the first woman Governor of Jharkhand, where she earned a reputation for her simplicity, integrity, and commitment to the people.

An MLA (Member of Legislative Assembly) is a person chosen by the people to be part of the government and help make rules and improve things like schools, roads, and hospitals in their area.

In 2022, Droupadi Murmu made history by becoming the first tribal President of India. Her journey from a remote village to the Rashtrapati Bhavan is a testament to her unyielding spirit and resilience.

Droupadi Murmu's story teaches us that no matter how difficult life's challenges may seem, resilience, hard work, and a commitment to serve others can help us overcome them and achieve greatness. Her life inspires us to stay strong and pursue our dreams, even in the face of personal loss and societal barriers.

REFLECTION QUESTIONS

1. Droupadi Murmu's story teaches me that resilience means _____
_____

2. One challenge Droupadi Murmu faced that inspired me the most is _____
_____ because _____
_____

3. If I had to overcome challenges like Droupadi Murmu, I would focus_____
_____

4. This story shows me that facing difficulties with courage and determination can help me _____
_____

Lean Hyphen

Curiosity & Inquiry: Fuels lifelong learning and problem-solving.

Creative Thinking: Encourages innovation and adaptability.

Self-Awareness: Builds emotional intelligence for better decisions.

Financial Literacy: Supports responsible money management.

Future Competencies: Prepares for a changing world.

Problem Solving: Enhances critical thinking and resourcefulness.

Emotional Skills: Promotes well-being and social connections.

Communication: Boosts clarity, confidence, and collaboration.

Decision Making: Cultivates responsibility and judgment.

Leadership: Builds confidence and teamwork.

Critical Thinking: Sharpens reasoning and decision-making.

Teamwork: Fosters cooperation and social skills.

Empathy & Compassion: Strengthens kindness and bonds.

Social Responsibility: Instills civic duty.

Adaptability: Equips students to handle change.

Health & Wellness: Supports mental and physical balance.

Respect for Diversity: Promotes inclusivity.

Time Management: Enhances productivity.

Digital Literacy: Enables safe, effective tech use.

Integrity: Encourages trust and ethics.

Entrepreneurial Skills: Fosters creativity, initiative, and problem-solving for success in a dynamic world.