Lean Hyphen

21ST CENTURY Leanovative Skills Workbook

INTRODUCTION TO LEAN HYPHEN'S 21ST CENTURY SKILLS LEANOVATIVE WORKBOOK

Lean Hyphen is a future-focused organisation committed to equipping learners with the essential 21st-century competencies required to excel in an ever-evolving world. Understanding that academic achievement alone is no longer sufficient, our 21st Century Skills Program is thoughtfully designed to nurture key skills from Class UKG to Class 10.

Through dynamic, activity-driven workbooks, students develop Critical Thinking, Problem-Solving, Creativity, Communication, Collaboration, Financial Literacy, Career Exploration, Adaptability, Emotional Intelligence, and Global Citizenship. Our innovative methodology seamlessly integrates Problem-Based Learning, Project-Based Learning, and Experiential Learning to foster deep understanding and practical application.

By engaging in real-world activities, students cultivate resilience, initiative, and leadership—empowering them not only to succeed academically but also to thrive professionally and personally. Lean Hyphen's mission is to inspire confident, future-ready individuals, prepared to navigate challenges and seize opportunities in a rapidly transforming global landscape.

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Third Grade:
Cultivating 21ST-Century Innovators

CORE COMPETENCIES COVERED

- Emotional Awareness and Empathy
- Resilience and Perseverance
- Problem-Solving and Strategic Thinking
- Relationship Management and Teamwork
- Communication and Active Listening
- Integrity and Honesty
- Collaboration and Sportsmanship
- Global Citizenship and Social Responsibility
- Self-Awareness and Personal Growth
- Leadership and Decision-Making
- Creative Thinking and Innovation
- Memory Development and Time Management

HOW TO USE THIS WORKBOOK

- Teachers introduce concepts and guide students through hands-on worksheets for real-world skill practice.
- Activities build independent thinking, collaboration, and critical analysis.
- Topics increase in complexity across grades to deepen reflection and resilience.
- Workbooks can be used in class or at home to encourage meaningful skill-building conversations.
- The goal is to help students internalize essential life skills and make informed, growth-driven choices.

Friendship Quest

My Friend and Me

Friends are special, friends are fun,
They make us laugh and help us run.
Through sunny days and rainy skies,
They bring us joy, they make us wise.

Hand in hand, we play and share,
Showing kindness, showing care.
With friends around, we're never alone,
Together, we feel right at home.

So here's to friends, both old and new,
I'm lucky to have a friend like you!

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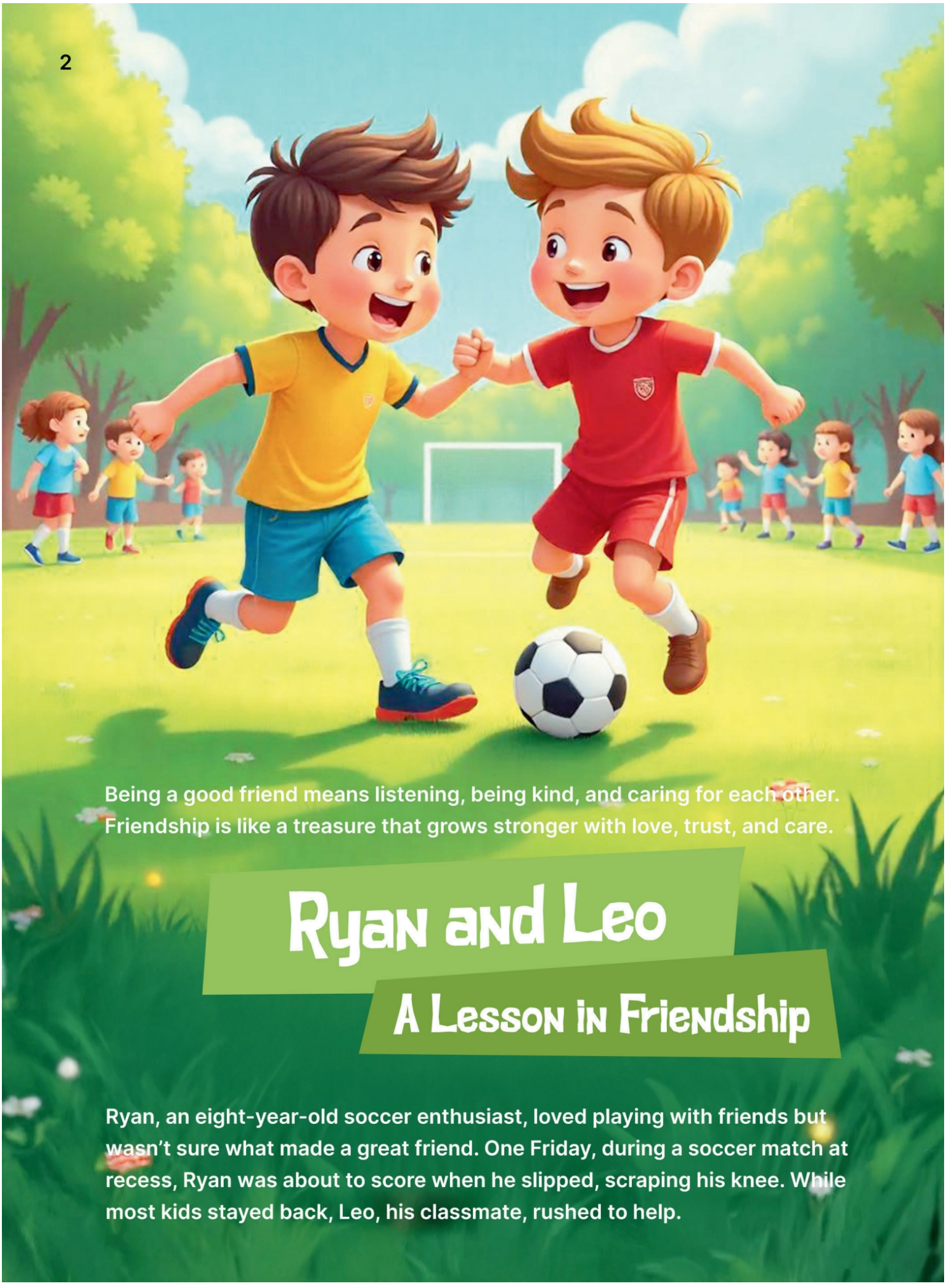

Being a good friend means listening, being kind, and caring for each other. Friendship is like a treasure that grows stronger with love, trust, and care.

Ryan and Leo

A Lesson in Friendship

Ryan, an eight-year-old soccer enthusiast, loved playing with friends but wasn't sure what made a great friend. One Friday, during a soccer match at recess, Ryan was about to score when he slipped, scraping his knee. While most kids stayed back, Leo, his classmate, rushed to help.

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"You okay, Ryan?" Leo asked, his voice full of concern.
"Yeah, I'm fine," Ryan muttered, trying to sound tough, even though his knee stung.

When older kids teased Ryan, Leo stood up for him. "Leave him alone!" Leo said firmly. He helped Ryan to the nurse's office, skipping the rest of the game.

Later, Ryan learned that Leo wanted to join a soccer tournament but didn't have a partner. "Why don't we team up?" Ryan suggested excitedly.

At the tournament, Ryan grew frustrated after missing a pass. "I should've scored that!" he screamed.
"Don't worry, Ryan," Leo encouraged. "Let's try a new plan. Pass the ball, and we'll make this work together."

With Leo's advice, Ryan started passing more, and they scored the winning goal! "We did it!" Ryan cheered, high-fiving Leo.

After the match, Ryan said, "Thanks for believing in me, Leo. You're a great friend."
"That's what friends are for," Leo replied with a grin.

Ryan knew he had found a true friend in Leo, one who stood by him, cheered him on, and taught him the value of teamwork and loyalty.

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Reflection questions

State True(T) or False(F)

1. A real friend helps you when you are hurt or feeling sad.

2. Working as a team can make hard tasks easier and more fun.

3. It's better to ignore a friend who is hurt and keep playing your game.

4. Being a good friend means only caring about winning.

5. Teasing someone when they fall is a good way to have fun.

Lean Hyphen

Curiosity & Inquiry: Fuels lifelong learning and problem-solving.

Creative Thinking: Encourages innovation and adaptability.

Self-Awareness: Builds emotional intelligence for better decisions.

Financial Literacy: Supports responsible money management.

Future Competencies: Prepares for a changing world.

Problem Solving: Enhances critical thinking and resourcefulness.

Emotional Skills: Promotes well-being and social connections.

Communication: Boosts clarity, confidence, and collaboration.

Decision Making: Cultivates responsibility and judgment.

Leadership: Builds confidence and teamwork.

Critical Thinking: Sharpens reasoning and decision-making.

Teamwork: Fosters cooperation and social skills.

Empathy & Compassion: Strengthens kindness and bonds.

Social Responsibility: Instills civic duty.

Adaptability: Equips students to handle change.

Health & Wellness: Supports mental and physical balance.

Respect for Diversity: Promotes inclusivity.

Time Management: Enhances productivity.

Digital Literacy: Enables safe, effective tech use.

Integrity: Encourages trust and ethics.

Entrepreneurial Skills: Fosters creativity, initiative, and problem-solving for success in a dynamic world.