1 21ST CENTURY

LEANOVATIVE SKILLS WORKBOOK

COLLABORATIVE LEARNING

PROBLEM BASED LEARNING

ACTIVITY BASED LEARNING

EXPERIENTIAL LEARNING

INTRODUCTION TO LEAN HYPHEN'S 21ST CENTURY SKILLS WORKBOOKS

Lean Hyphen is a future-focused organisation committed to equipping learners with the essential 21st-century competencies required to excel in an ever-evolving world. Understanding that academic achievement alone is no longer sufficient, our 21st Century Skills Program is thoughtfully designed to nurture key skills from Class UKG to Class 10.

Through dynamic, activity-driven workbooks, students develop Critical Thinking, Problem-Solving, Creativity, Communication, Collaboration, Financial Literacy, Career Exploration, Adaptability, Emotional Intelligence, and Global Citizenship. Our innovative methodology seamlessly integrates Problem-Based Learning, Project-Based Learning, and Experiential Learning to foster deep understanding and practical application.

By engaging in real-world activities, students cultivate resilience, initiative, and leadership—empowering them not only to succeed academically but also to thrive professionally and personally. Lean Hyphen's mission is to inspire confident, future-ready individuals, prepared to navigate challenges and seize opportunities in a rapidly transforming global landscape.

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FIRST GRADE: CULTIVATING 21ST - CENTURY INNOVATORS

CORE COMPETENCIES COVERED

- Communication and Presentation
- Creativity and Innovation
- Social-Emotional Awareness and Compassion
- Self-Awareness and Personal Growth
- Critical Thinking and Problem-Solving
- Collaboration and Teamwork
- Global Citizenship and Environmental Responsibility
- Curiosity and Inquiry
- National Identity and Cultural Awareness
- Financial Literacy and Responsible Decision-Making

HOW TO USE THIS WORKBOOK

- Teachers introduce concepts and guide students through hands-on worksheets for real-world skill practice.
- Activities build independent thinking, collaboration, and critical analysis.
- Topics increase in complexity across grades to deepen reflection and resilience.
- Workbooks can be used in class or at home to encourage meaningful skill-building conversations.
- The goal is to help students internalize essential life skills and make informed, growth-driven choices.

TOYS FOR JOY:
THE GIFT OF GIVING

Be a Sun!

The **Sun gives light** and **warmth** to **all plants, animals,** and **kids**. It **does not keep** it **all. Sharing makes** the **world happy!**

When you **share toys, be kind,** or **give love,** it is **like sunshine.** It **makes everyone smile.**

So **be** like the **Sun! Share, Help,** and **Care!**

2

AMAN SHARES HIS FOOD

Aman's mom made him two big sandwiches.
One for breakfast and one for lunch.

One day, on his way to school, Aman saw an old man sitting under a big tree. The man was sad and hungry. Aman had a sandwich in his bag.

He thought of his mom's words, "Be kind." So, Aman gave the man his sandwich.

The man smiled. "Thank you, boy!" he said. Aman felt good and went to school.

3

At lunch, his friend Arjun saw his box was empty. "Where is your sandwich?" he asked.

Aman told him the whole story.
Arjun smiled. "That was kind! Let's share my lunch."

The next day, Aman saw the man again.
He looked strong and glad.

"Your kindness helped me find work.
Thank you!" the man said.

Aman smiled. He knew that kindness made him and everyone happy.

5

REFLECTION QUESTION

WORD SEARCH

Find the words hidden in the puzzle.

KIND, HELP, LOVE, SHARE, CARE.

O	H	E	L	P	V
B	L	P	Z	O	K
S	H	A	R	E	Z
B	G	K	I	N	D
Q	L	O	V	E	B
U	T	C	A	R	E

Lean Hyphen

Curiosity & Inquiry: Fuels lifelong learning and problem-solving.

Creative Thinking: Encourages innovation and adaptability.

Self-Awareness: Builds emotional intelligence for better decisions.

Financial Literacy: Supports responsible money management.

Future Competencies: Prepares for a changing world.

Problem Solving: Enhances critical thinking and resourcefulness.

Emotional Skills: Promotes well-being and social connections.

Communication: Boosts clarity, confidence, and collaboration.

Decision Making: Cultivates responsibility and judgment.

Leadership: Builds confidence and teamwork.

Critical Thinking: Sharpens reasoning and decision-making.

Teamwork: Fosters cooperation and social skills.

Empathy & Compassion: Strengthens kindness and bonds.

Social Responsibility: Instills civic duty.

Adaptability: Equips students to handle change.

Health & Wellness: Supports mental and physical balance.

Respect for Diversity: Promotes inclusivity.

Time Management: Enhances productivity.

Digital Literacy: Enables safe, effective tech use.

Integrity: Encourages trust and ethics.

Entrepreneurial Skills: Fosters creativity, initiative, and problem-solving for success in a dynamic world.